



Burcham Carnival Returns to Weatherford Thursday, April 20

Chad Gray WW Contributo

Weatherford is gearing up

for their annual Burcham' Carnival, scheduled to take place this Thursday April, 20, beginning at 5:30pm.

Promising fun for all ages, there will be carnival games, a petting zoo, a bouncy house, and even a train. Burcham will be selling wristbands for \$20

Burcham Elementary in for unlimited access to the game booths as well as the petting zoo and train.

> For folks, looking for carnival style treats, you're in luck, because there will be ample sweet treats at the bake sale as well as the concession stand where you can get popcorn, candy and cotton candy. You can also try your luck at winning a cake at the cake walk!

In addition to the fun and food offered at the carnival, there will be a silent quilt auction beginning at 5:30pm and a basket auction beginning at 7:30pm.

Bring the whole family for a fun-filled Thursday night at the Burcham Carnival located at 1401 Lark Street in Weatherford, OK.

For more information, visit the Burcham Elementary Facebook page.





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Ken Clark

Kenneth Gerald Clark was born February 20, 1945, in Lawton, Oklahoma, to Lee Roy and Alma Marie (McCaig) Clark and passed away Tuesday, April 4, 2023, at Brookdale Weatherford, at the age of 78 years, 1 month and 14 days. Kenneth was



raised and attended school in Lawton, graduating from Lawton High School with the Class of 1963.

After high school, Ken enlisted in the US Army and served in Germany as a medic and later as a translator after attending the University of Maryland in Germany. He returned home to Lawton where he attended Cameron University and worked for the Lawton Police.

From 1969 to 1986, Ken was married to Glenda Condren and had four children. The firstborn son died shortly after birth and the family lived in Enid. In February, 1970, he entered the 26th Oklahoma Highway Patrol Academy which began a career that spanned until his retirement in 1993. His first assignment in Enid was with Troop J, working in Division Safety and Education, and he was a member of the Honor Guard. In 1979, he transferred to Troop G in the Lawton area where the family lived in Central Marlow. Later, he owned and operated the Pebble Creek Store in Duncan. He retired from the Highway Patrol and closed his store to help care for his parents in their later years. Ken spent much of his free time riding his Harley Davidsons and spending time hunting and outdoors. He enjoyed being a granddad and spending time with his family-he was always available to help when they needed a hand. In his later years, he became very close with the Holland and Harmon families and their children adopted him as their "HyPa."

Kenneth was preceded in death by his parents, Lee Roy and Alma Clark; one son Scottie Lee Clark; one daughter, Stephanie Anne Clark; and grandson, Alexander DeVaugn Lacy.

Kenneth is survived by his daughter Melanie Lynn Clark of OKC; his son Reginald Wade Clark and wife Gina, of Reydon and two grandsons: Boston Clark and wife Kyrena of Lawton and their children Kaius & Nahmi, and Dayton Clark of Houston; brother Garland Clark of Cache; a host of nieces, nephews and cousins; special friend Brenda Jennings and her family, Kevin and Charla Holland, and their children Pam and Jarrod Burton, Lisa and Dusty Grant, Kaylee and AJ Sanders, Addison and Jace Miller and Lisa and Steve Harmon and their children Trevin and Jessica Harmon, Dylan and Darla Harmon, Jordan and Jacob Lambert and Aubree Harmon.

Kenneth had many loved friends at the Seventh Day Adventist Church.

Jesse Bowdre

Jesse David Bowdre was born May 5, 1984, to Richard David Bowdre and Brenda (Farris) in Clinton, OK and passed away April 5, 2023, in his Yukon home.

Jesse was raised in Yukon where he graduated from Yukon High School

in 2004. He married Jessica Boone on December 18, 2004, in Yukon In 2005 he enlisted in the United States Air Force and served as a Security Forces Officer while stationed at Tinker Air Force Base. He was honorably discharged in 2007.

He began a career with the Bureau of Prisons from 2007 until he retired in 2018 due to complications with diabetes. He was a member of the Yukon Masonic Lodge where he became a Master Mason. He loved to fish and hunt with his two sons and going to the Mountains in Colorado. His pride and joy were his two sons Gavin and Deacon; they were his main reasons for living.

He is preceded in death by his stepdad Charles.

He is survived by his two sons Gavin and Deacon, Yukon his dad, Richard Bowdre and wife Mary, Sayre mother Brenda Kremeier, Yukon sister Jennifer Chambless and husband Joe, Colorado Springs, CO, brother Zac Ratzlaff and wife Tracy, Midwest City sister Sierra Parken and husband Brennan, OKC brother Derrik Lau, Sayre brother Brian Kremeier and wife Ellen, OKC, OK and Haley Wiese and husband Adam, Des Moines, IA, as well as numerous Aunts, Uncles, nieces, nephews and cousins.

Elizabeth Daley

Elizabeth (Chapman) Daley was born Elizabeth Anne Chapman on December 1, 1984, and passed away very unexpectedly Friday, April 7, 2023, in the Weatherford Regional Hospital.

Elizabeth was raised

in Clinton where she attended and graduated from Clinton High School in 2003. She continued her education at SWOSU and in 2020 received a degree with honors in Criminal Justice.

She married the love of her life Jermey Daley on December 08, 2012, in Clinton, and he preceded her in death in December 2022 after a trucking accident.

She loved children and had an in-home day-care center for several years. She was also employed with Oklahoma Prisons both in Hinton and El Reno. She most recently worked for BiosKids in Norman, which supports kids with special needs. She was a member of the Clinton Church of Christ. Her passion was spending time with children, and she enjoyed traveling with her family on road trips and cruises, and trying new foods. She also loved to go to Disney World, explore old cemeteries and "Shiva," (a family saying) with Mischele, Ciara and Carly. She was preceded in death by her husband Jermey, paternal grandpa Ray McCarther, maternal grandparents LeRoy and Audie Wallce, and childhood friend Jeremy McDow. She is survived by her two daughters Ciara Mathews and Brynlee Mathews and two sons Jaxen Mathews and Logan Daley, all of the home, parents Gary and Karen Chapman, two sisters: Mischele Scott, and Latasha Goodman and husband Jason, and brother Christopher, all of Clinton. She is also survived by her paternal grandma Betty McCarther, Clinton and her maternal grandmother Betty Williams, OKC

Freddie Joe Holden was raised in Clinton where he attended school and was a member of the 1958 graduating class. He married his high school sweetheart Patricia Sue Williams on March 6, 1959, in Clinton. They have made their home in

Clinton and various other places and most recently settled in Cordell. He was a mechanic and welder, working in numerous places. He also enjoyed farming and especially enjoyed the peacefulness of working in the fields and planting and watching the wheat mature. He was a member of the Mennonite Church; he had a passion for collecting belt buckles and miniature tractors. He was preceded in death by his parents, brother Thomas Howard Holden and grandson Jacob Holden. He will be greatly missed by his wife of 64 years Patricia Holden, of the home, daughter Nancey Holden and Ron DeJong, West Valley, City, Utah, two sons: Michael Holden and Elena Trujillo, Salt Lake City, Utah; and Brian Holden and wife Rhonda, Cordell; seven grandchildren: Jennifer Dorris Aden and husband Joshua, Las Vegas, NV, Elizabeth Oldham and Chris, South Jordan City, Utah; Matthew Brannies and wife Ashlee, of Washington, Dave and Brenda Holden, Caro, MI, Krystal Anderson and Greg, Lapeer, MI, James Holden and wife Starla, Cordell and Fen Holden, Cordell, and nine greatgrandchildren: Aria, Isabelle, Riley, Kylee, David, Olivia, Carter, Ollie, Gabriel.

Richard Leger

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Richard Harrison Leger was born August 6, 1981, in Houston, TX to Richard Wagner and Cheryl John and passed away Wednesday, April 12, 2023, in Weatherford at the age of 41 years, 8 months and 6 days.



Richard and his brother

Robert were adopted at a young age by Robert Lee and Cheryl Ann (Lester) Leger. They lived in Huntsville, TX and later moved to Pampa, TX. Richard graduated from Pampa High School in 2000. In 2002, his son Garrett, was born followed by Audrey in 2004 and Laden in 2010. Richard moved to Weatherford, OK in 2011 where he worked in the oilfield. On May 6, 2017, he married Sharil (Lucus) McCoy in Weatherford. Richard enjoyed playing corn hole, riding his motorcycle, and playing with his grandkids. He loved being outdoors, fishing, and working with his hands. Richard never met a stranger.

Richard was preceded in death by his fathers Richard Wagner and Robert Leger.

He is survived by his wife of five years Sharil Leger of their home in Weatherford two sons: Garett Herrera of Pampa, TX and Laden Leger of Los Lunas, NM; daughter Audrey Leger of Pampa, TX; step-sons Joshua McCoy and wife Melissa of Thomas, Johnathan McCoy of Claremore, Justin McCoy and wife Amy of Custer City step-daughter Brandie North and husband Carl of Neodesha, KS; grandkids: Andrew Harrall, Clarity and Charlotte North, LilyAnn, Ryder, Ryleigh and Maxwell McCoy, Hannah and Ashlyn McCoy, Levi and Asher McCoy, and a grandchild on the way; three brothers: Ryan Leger of League City, TX, Kyle Leger of Gatesville, TX and Robert Leger, Jr. of Houston, TX; four sisters: Melinda Trevino of Houston, TX, Tiera Leger of Gatesville, TX, Robin Lyons of Cypress, TX, and Crystal Wagner of Houston, TX; fellow H20 Baggers; and numerous friends.

Freddie Holden



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SWOSU Baseball Overtaken by No. 11/6 Muleriders

Jon Chidester SWOSU Baseball has SWOSU Media Relations concluded its series against No. 11/6 Southern Arkansas on Saturday, falling to the Muleriders in all three games.

<u>Game 1 – SNU 11, SWOSU 2</u>

The Muleriders scored in each of the game's first five innings with the final stamp being a four-run fifth which broke things open for good.

Trailing 7-0, the Bulldogs scored their only runs in the top of the fifth thanks to a Cade Hamilton solo home run and Geoff Marlow RBI single. After cutting into the deficit, SAU answered right back and went on to cruise to victory.

Game 2 – SNU 4, SWOSU 3

SWOSU had the Muleriders on the ropes in the day's final game, leading 3-1 after scoring three runs on three hits with a pair of Mulerider errors added to the mix in the sixth inning to take a late lead.

After the lead change, SAU brought in their closer. SWOSU went three up and three down to end the game in the seventh. Alex Rice and Caleb Clines combined to bat 5-6 in the game and scored a run each.

<u>Game 3 – SNU 15, SWOSU 4</u>

The Bulldogs got behind 11-0 after SAU jumped out to a quick 4-0 lead in the first inning and added seven more runs in the third inning. SWOSU was forced to play catch up from there. The offense cut into the deficit with a pair of runs in the fourth and fifth.

Doubles by Brooks Red, Griffin Larsen, and Geoff Marlow helped produce the scoring. Southern Arkansas' offense used power to deal their damage. They hit five doubles and added three home runs including the walkoff which induced the 10-run rule to end the game early.

On the mound, SWOSU used six arms in the game, none throwing longer than two innings. Wyatt Sharry (1.0 IP) and Zane Leonard (2.0) combined to throw three innings of scoreless relief.

SAU Takes Entirety of Series with SWOSU Softball

Grant Kopycinski SWOSU Sports Assistant

SWOSU Baseball has concluded its series against No. 11/6 Southern Arkansas, falling to the Muleriders in all three games.

<u>Game 1 – SNU 16, SWOSU 7</u>

The Muleriders immediately jumped on SWOSU in the opening game of the series. They put up four runs in multiple ways to take the first lead of the game.

SWOSU did not go out quietly. The Bulldogs scored three runs off of a couple extra base hits from Caitlin Delaney and Skye Tilley in the bottom of the second to make it a one run deficit.

SAU came right back out the next frame with a ridiculous outburst. 16 at-bats saw 12 runs score, including a grand slam and a solo shot back to back. This scoring eruption put the Muleriders up 16-3 at that moment.

The eventual score was 16-7 after SWOSU scored two runs in the third and the fifth but four runs were not enough to prolong the game. It ended in a shorten five innings.

Game 2 – SNU 8, SWOSU 6

A 3-0 scoring run put SWOSU ahead 5-4 for their first lead of the day and seemed to have the Dawgs riding momentum into the late stages of the game.

Southern Arkansas grabbed that momentum right back with a two-run homer in the fifth to retake the lead. They would keep the lead the rest of the game.

SAU scores in the sixth and seventh made the biggest deficit of the game for SWOSU heading into the bottom of the seventh.

Game 3 – SNU 6, SWOSU 0

SWOSU suffered from multiple self-inflicted mistakes during the series finale, with two SAU runs scored off of these errors.

The Dawgs put out the first two batters but an error prolonged the inning and a double the next batter brought one home. They scored again in the third off an error. An errant outfield throw home advanced all runners in a bases loaded situation to make it a 2-0 game.

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Tate and West Claim Newest Bulldogs of the Week



ULLDOGS OF THE WEEK Week 32 - April 10-16



Grant Kopycinski SWOSU Sports Assistant

Hunter Tate (rodeo) and Marleigh West (track & field) are the newest Bulldogs of the Week. This award is

brought to you by Wright Wradio, the official partner of SWOSU Athletics for both livestream and radio.

Tate (Riverton, Kan.) impressed at the 50th Annual SWOSU Rodeo this weekend. He was the lone cowboy to ride both bulls in both rounds of bull riding. He scored an 80-point ride in the first round and improved to an 84 in the short round.

It is his second time this year finishing either in sole possession or tying for the top spot in bull riding.

West (Edmond, Okla.) produced the best performance of her SWOSU career at the SCU/Paul Parent Invitational on Saturday. She won the discus event after her best attempt of 37.78 meters. She came in second in the shot put, narrowly missing the top spot by just .01 meters. Her shot put attempt narrowly missed the SWOSU shot put record as well. Her strong outputs helped SWOSU take first place in the invitational.





April 19 - 25, 2023 • WestOK Weekly • Page 4 **Oklahoma History: The OKC Bombing, Trial, and How We Rose Together**



from the Oklahoma National Memorial Museum The Alfred P. Murrah Building (circa 1995)

Chase Wright

On the morning of April 19th, 1995, the United States

experienced what would become the biggest terrorist attack on the nation's soil prior to September 11th, 2001. After 9 AM, a Ryder rental truck, armed with a homemade diesel-fuel-fertilizer bomb, ignited such a forceful explosion outside the Alfred P. Murrah Federal Building in downtown Oklahoma City that it blew off the entire north wall. The massive blast left over 300 buildings in the surrounding area damaged or destroyed. When emergency crews finished the two-week-long rescue effort, 168 people were reported dead, including 19 children, with more than 650 others injured.

At the time, the nation was still coping with the tragedy of the World Trade Center bombing two years earlier. Immediately following the blast, many Americans began to assume the OKC bombing was instigated by Middle Eastern terrorists, and the FBI began their search for clues. On April 20th, as they sifted through debris, they located the Ryder truck and found the VIN number still attached to the rear axle. The VIN led agents to a body shop in Kansas where employees put together a drawing of the man who rented the van. After asking around town, the agents caught a lead from a hotel employee who believed they recognized the man. They had his name: Tim McVeigh. A massive manhunt for the biggest suspect in the worst terrorist attack on U.S. soil was launched.

It did not last long. On April 21st, a day after pushing his photo and name out with the Bureau's Criminal Justice Information Services Division in West Virgina, his location popped up: he was already in jail. When McVeigh left the scene prior to detonating the bomb, he was driving a yellow Mercury Marquis. He only got 80 miles north of OKC when an Oklahoma State Trooper noticed his missing license plate. During the traffic stop, McVeigh was found to be carrying a concealed weapon and was arrested, just 90 minutes after the bombing.

According to FBI case files, "Agents found traces of the chemicals used in the explosion on McVeigh's clothes and a business card on which McVeigh had scribbled, "TNT @ \$5/sick, need more." When drudging up his past, they found out the 27-year-old former U.S. Army soldier had moved away from his hatred of communist governments and had become suspicious of the U.S. federal government and President Clinton's view on gun control; potentially, after failing to qualify for the Special Forces program and accepting the Army's offer for an early discharge. The FBI found out that he had become friends with a man named Terry Nichols during their time in the army, and that they stayed in touch and were a part of an extremist right-wing group out of Michigan. After the 51-day Waco, Texas, raid between the Bureau of Alcohol, Tobacco, and Firearms (ATF) and a sect of Branch Davidians, and their leader David Koresh, ended in an inferno with 75 members of the Davidian sect perishing in 1993, McVeigh and Nichols began plotting their move. The target: The Murrah building in Oklahoma City which housed the ATF, among other agencies. When they set off the bomb on April 19th, it was the two-year anniversary of the Waco standoff.

The same day McVeigh was discovered behind bars, authorities located Nichols in Herington, Kansas. The initial manhunt was over, but to ensure no legal precedent would go unchecked, the FBI began the most exhaustive investigation in their history. "The Bureau had conducted more than 28,000 interviews, followed some 43,000 investigative leads, amassed three-and-a-half tons of evidence, and reviewed nearly a billion pieces of information." In their search, information came forward that led them to another name: Michael Fortier. Fortier knew of the pair's plan to bomb the federal building, and on August 8th, for a reduced sentence, agreed to testify against McVeigh and Nichols. Nichols was sentenced to 161 counts of first-degree murder and received 161 consecutive life terms in prison; on June 2nd, 1997, Timothy McVeigh was sentenced to be executed under unanimous jury recommendation. In June of 2001, McVeigh's execution by lethal injection was caried out, the first federal death penalty since 1963.

On October 9th, 1997, President Clinton authorized the Oklahoma City National Memorial Museum, and it was listed on the National Register of Historic Places the same day. The Memorial is located at the site of the Alfred P. Murrah Federal Building after its remains were cleared for safety concerns. The Memorial was formally dedicated on April 19th, 2000, on the 5th anniversary of the bombing. The Memorial features many symbolic locales available day or night including: The Gates of Time - twin bronze gates with the marks "9:01" the last moments of peace and "9:03" the first moments of recovery, the Field of Empty Chairs - 168 hand-crafted glass, bronze, and stone chairs etched with names of the ones who lost their lives, The Survivors' Wall - the last remaining portions of the Murrah building inscribed with the names of over 600 survivors, The Memorial Fence - a 10-foot-tall chain link fence, originally put up to protect the site and visitors from injury, the fence became known for visitors leaving a variety of stuffed animals, poems, and tributes, the Children's Area - an area dedicated to more than 5,000 hand-painted tiles made by children from all over the US and Canada and sent in after the bombing.

In 2001, an Oklahoma City Memorial Marathon was held through the streets and neighborhoods of Oklahoma City. Under 5,000 participated, but now the over 25,000 registered runners have come from around the globe for RUNtoREMEMBER. Funds raised through the marathon support the Memorial and Museum operations. In the end, an evil act was caught and punished swiftly by the same organizations it sought to destroy, and the people it aimed to shatter to have grown stronger by repairing each other.







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"The Coin Guy" -The Mystery Dimes





Trent Boesen

On August 25, 2022, a coin auction was held in New York City. The coin pictured above is a dime planchet that shares the design of a \$2.50 Gold Coin, circa 1831.

It was certified by the Professional Coin Grading Company as Very Fine, Tooled.

It is the third one known to collectors. The other

two known to exist are well-worn and were spent as dimes. The three known coins are listed as pattern issues. Research has determined them as Mint errors. Research has determined that Mint workers had no illegal intent to use quarter-eagle dies on silver dime planchets in 1831.

Have you inherited a coin collection from a family member and do not know what to do with it? Call The Coin Guy at 580-890-8076 for assistance. Thanks for your support.







Jena Skarda / WOCS Admissions Counselor

Mike Smith News Director

Twins Tory (left) and Emy (right) Rice placed third and sixth place, respectively, out of 22 wrestlers across the United States in the Reno World of Wrestling. The twins are the daughters of Chase and Faith Rice of Corn and are students at the Western Oklahoma Christian School (WOCS) in Clinton.



Harold Wright / WW

Standing next to Nolan Meditz, President of the Weatherford Arts Council, is Rotarian Kelly Logan. Meditz spoke to the Rotary Club about forming an "Artist-in-Residence" (a collaboration between artists and community-driven organizations) to raise awareness about both groups.

WEST OK / SALES TAX - Sales tax receipts for February sales showed an increase in many western Oklahoma communities. The city of Weatherford was up by 6.8% at just over \$1.02 million. Clinton had a less than 1% decline at more than \$487,000. Elk City had a 3.3% increase at more than \$1.1 million, and Cordell was up by just over a half-percent at just under \$91,000.

CORDELL / NEWMAN - A Ward 3 Cordell City Council candidate who lost by 3 votes last week has decidednot to seek a recount. James Newman Jr. lost **ELK CITY / POWELL** - Elk City Superintendent Mike Sparks says the district has been able to put COVID money to good use. Sparks says one of the projects that is wrapping up is the remodel of the Susan Powell center. He says Powell will be in attendance for the rededication of the center on June 2nd.

WEATHERFORD / **WHATABURGER** - The groundbreaking for construction of the new Whataburger will occur on the 18th at 10 am. The project is expected to take around 90 days. The restau-

to Cheri Nabors 224-221 in the April 4th election.

CUSTER CO / FATALITY - A Weatherford man died following a motorcycle accident on Interstate 40 in the city limits of Weatherford yesterday. The Oklahoma Highway Patrol says 41-year-old Richard H. Leger was pronounced dead at the scene from injuries, sustained in the crash. Troopers say Leger was driving east on I-40, departed the road, and struck a traffic sign and cable barrier. rant will be located on Eagle Road.

WEATHERFORD / SOCCER FIELDS - The Weatherford Soccer Club partnered with the Weatherford Chamber of Commerce to hold a ribbon cutting on Saturday for the new outdoor soccer complex located off Lyle Road. The new facility will provide soccer opportunities, including hosting the Statewide Recreational Soccer Tournament June 9th-11th.





Have a birthday, anniversary, or other special event? Email us at sales@westokweekly.com to announce it here for FREE! Alcohol causing problems? Alcoholics Anonymous meets daily at 928 W. Main, Weatherford. Call (580) 819-0727 for more information. Christian Free Store – Donations of school supplies, clothes, shoes, etc. are needed or if you are in need. Please call (580) 637-2345 or (580) 291-3875. Alfalfa, OK Community Center "Bible Study," Every Monday Night from 7:00-8:00 Hwy 58. Five miles South of Hwy 152. For more Information contact (405) 643-9211. Free and Open to the Public. Oklahoma Parkinson's Alliance, monthly support group meeting the second Thursday of each month, excluding December, at 5:30 p.m. at Weatherford's Pioneer Center, 1000 Gartrell Place. Patients, caregivers, family or friends are welcome. Questions? Contact OK Parkinson's Alliance (405) 810-0695 or info@oklahomapa.org. Iron sharpens Iron is a Christ centered adult support group every Tuesday night at 7pm. 233 E Main in Hydro, First Christian Church.

Happy Birthday Wishes for April 19 - Chenchi Alvarez, Dulce Borjas, Brady Boyd, Zipporah Conway, Anna Cobb, Blake Goodman, Ariel Hawthorn, Taylor Neidy; April 20 - Lyndee Black, J'Lene Holley, Tracey Kelly, Bailey Murray, Ed Neufeld, Jordan Ralston, Barbara Steiner, Debbie Stewart, James Syzemore; April 21 - McKensey Coit, Mary Dodgen, John Flaming, Donita Folsom, James Gee, Gary Hays, Pat LoVecchio, Amber Morlan, Michelle Ruhl, Pat Strum, Stephanie Tompkins; April 22 - Christie Belmer, Tad Boone, Adalyn Daniels, Tip Farris, Jarrett Isch, Zach Lowrance, Ashley Nickels, Danielle Schmidt; April 23 - Marilyn Baldwin, Shelby Blagg, Lena Cardenas, Tyler Ellis, Andrew Fraser, Adam Fraser, Devon Jordan, Daryl Mosburg, Tom Willis; April 24 - Sandy Duncan, Nikki Frye, Ron Goodman, Mary Harris, Jason Kemper, Shelby Martinez, Greg Mouse, Carol Wahnee, Jill Ward; April 25 - Casey Elston, Gary Eytcheson, Regena Gardner, Mercedes Hampton, Edward Lopez, Bailee Pond, Kacie Roof, Brooke Schneberger, Shaun Skinner, Baylor Watkins, Lonnie Whitson.



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Delta Truck Box - Brand new, full size, white, one top opener. \$800 OBO. 580-330-1437

Military Jeep Hood. Roughly 30"x30". \$250 580-330-1437.

2014 Ford Focus - \$6,500. 580-330-3489.

2001 Honda 600CC - Navy Blue. 16k miles, \$2,000. 405-892-8301 CAN YOU HELP ME? Looking to

buy a Quality Mountain Bike. Any tips? 580-375-9425.

Mobile Rambler - 61k miles, new motor, \$15,000. 405-639-9667

2003 Chevy Trailblazer - good tires. \$5,750. 580-330-3489

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SENIOR LIVING



Russell-Murray Hospice Offering Nursing Care for Western Oklahomans

Chase Wright Staff Writer A terminal diagnosis is one of the hardest things to

face. It's commonly understood that each moment is precious, but when you're told explicitly that your finite amount of time is quickly approaching, the news can be overwhelming. After receiving a diagnosis like that, families & patients may ask: "What's the next step? What should I do? What's the point?" Fortunately, a little bit of help can go a long way.

Russell-Murray Hospice, Inc. is a nonprofit organization that provides in-home care to patients that have a terminal diagnosis of 6 months or less.

Following the diagnosis, families who reach out following a referral will be able to meet with a supervisor to discuss their needs. After that, the team goes through the medical records of the doctors and determines the best treatment paths and equipment they'll need. Then, the Russell-Murray team will get the necessary equipment installed and setup in the patient's home, even before they're discharged from the hospital. The goal is to ensure the families can focus on each other and the time they have. All other cares & worries can be handled (transportation, visits, etc.).

Russell-Murray offers in-depth and varied counselor and therapy services per the patient's need. If new developments come up and additional therapy, like respiratory or physical, is needed, the team comes together to discuss if it can be covered and implemented. When providing care, the Russell-Murray caregivers can also train the patient's primary caregivers in specific care, like wound dressing, so they can ensure the comfort of their loved one.

Russell-Murray has four locations: El Reno, Weatherford, Kingfisher, and OKC. Any office can direct you to the service office for your location. They also offer extensive bereavement services for the family, including explanations and assistance in planning. Russell-Murray's goals are to "Take care of the patient and their family and to ensure they are able to experience these last stages together." When facing a terminal diagnosis, please remember that you don't have to face it alone. "We want to help. We want to be there. It's never too late."

Whispering Creek Communities located just ten

Whispering Creek Offers a Hassle-Free Senior Living Experience



Chad Gray

^{WW Staff} minutes from Will Rogers Airport and quietly nestled between Mustang and Yukon offers a simpler way to spend your golden years while not sacrificing a sense of community or your family's peace of mind. Boasting a like minded-community of retirees as well as working folks with ages ranging from 55 to 96, Whispering Creek provides seniors with an excellent quality of life no matter what stage you may be in.

Whispering Creek offers a range of homes with one bedroom homes starting at 940 square feet and two bedroom homes as large as 1255 square feet. But these are not apartments, so residents don't ever feel like they're living on top of each other. Amenities include a gated entry and fenced perimeter, walking trails, several fishing ponds, a salt water pool and weekly community events making this independent active living community so much more than other senior living communities. The staff at Whispering Creek Communities also offers your family and friends peace of mind with staff on location 24 hours a day. "We have a great rapport with [residents] children," said Leehan, to ensure that your loved ones know when or if something has happened to you.

"Our community just gives you a sense of home," said Kim Leehan, onsite Manager of Whispering Creek Communities. And with Whispering Creek's staff taking care of all your home's maintenance you won't have to worry about things like repairing your appliances or changing your lightbulbs, so you can worry about the important things, like beating your new friends at dominoes.

If you're looking for a welcoming community and a hassle-free senior living experience look no further than Whispering Creek Communities. For more information visit whisperingcreekcommunity.com/ or call 405-506-7416.





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Offering services for rehabilitation, independent living, and long-term care, Corn Heritage Village & Rehab continues to provide Nursing Home Care with "in-house benefits that you won't find anywhere else." As a top-quality service provider for years, their robust benefits and access to skilled nursing staff come as no surprise. Some of the in-house benefits include:

- A 24/7 Pharmacy Service
- Resident Activities & Events
- Rehabilitation with state-of-the-art equipment

• 24/7 RN coverage with staff that truly treat each resident like family

With over 70 years of experience as one of the "top-rated Oklahoma nursing Home & Senior Care Communities" in the state, Corn Heritage Village & Rehab is no stranger to innovation and adaptability. Two of the recent ways they've continued to elevate their care have been with the development of their in-house memory care unit at the Corn facility. This "industry-leading treatment for Alzheimer's, Dementia, and related conditions" has unlocked new possibil-

ities for care never seen before.

The second way they've elevated their care is with upgraded facilities. You cannot focus on the future if your equipment is living in the past. The new upgrades include "modernized rooms, cafeterias, ice cream bars, and more."

Corn Heritage is a non-profit and faith-based service provider focusing on personalized care and community involvement. From working with local doctors to transportation to community shopping, activities, and outings, Corn Heritage is committed to its mission "to provide the highest level of Long-Term Care & Rehabilitation Care in Oklahoma."

As a top care provider since 1948, Corn Heritage Village & Rehab wants to meet you! Browse their listings, contact them by phone, or schedule an appointment!



Dr. Elise Brantley



Scissortail Dermatology Advises Careful SUV Protection

Chad Gray

Spring has sprung and summer is just around the corner, so people all around western Oklahoma will

soon flock outdoors to enjoy some fun in the sun, but are you taking the proper precautions to protect your skin?

The American Cancer Society estimates that 23,420 Oklahoma residents will be diagnosed with some form of skin cancer in 2023 and another 8,660 will die as a result of skin cancer. A large part of that mortality rate "is people not seeking care until it's too late," said Dr. Elise Brantley of Scissortail Dermtology in Oklahoma City. Dr. Brantley has practiced dermatology since 2009, but she took a special interest in detecting, preventing, and treating skin cancers when she saw patients were waiting months for a dermatology appointment. That time, waiting for an appointment, could increase the severity of a patient's condition and possibly lead to an increased risk of mortality, but people can take simple precautions to avoid exposure to the sun's harsh UV rays.

"Anyone who's working outside should wear sunscreen," said Dr. Elise Brantley. "SPF 30 or higher is the best, and creams work better than sprays." She also advises that people remember to reapply their sunscreen every hour to ensure that they're properly protected and to wear UPF clothing if they plan to spend extended periods in the sun.

Skin cancers don't necessarily grow overnight. Severe blistering sunburns earlier in life can lead to a greater chance of developing skin cancer later in life so

SENIOR LIVING

HEALTH SERVICES

Clinton Veterans Center Provides Specialized Care for Veterans, Families

Chase Wright Staff Writer The Oklahoma Department of Veterans

Affairs is a crucial part of ensuring our military veterans receive all the assistance they need, because life after military service can be challenging. According to veteran census data from the George W. Bush Institute, there are 2.5 million post 9/11 veterans in our country. These veterans are facing severe uphill battles as they try to reassimilate into civilian life. As many as 20% are diagnosed with post-traumatic stress, 22% with depressive disorder, and 40.7% feel like a guest in their own home. With around 48,000 homeless, or at risk, veterans, support structures are needed now more than ever.

The Oklahoma Department of Veterans Affairs is committed to "empowering veterans and servicemembers in their pursuit of quality of life and quality of opportunity in the great State of Oklahoma". As part of their mission, they have created and sustained programming that advocates for veteran interest, builds community support, and facilitates personal and financial independence for veterans in all phases of life. To both enact these programs and provide personal care, the department has Veterans Homes around the state, including one in Clinton.

The Clinton Veterans Home is located off I-40 South of Clinton "where residents enjoy a home-like atmosphere of western Oklahoma hospitality". The home is "devoted to the specialized treatment of Alzheimer's and other dementias". Residents at the home enjoy frequent recreational activities in the recreational hall and auditorium where major renovations took place, with the most recent in 2002. As part of their mission for care, the veterans home provide "medical services including nursing staff, rehabilitation therapy, pharmacy and recreational therapy". They are also able to provide medical supplies, medications, and equipment to the veterans through the inclusive medical care program. To assist veterans with travel, transportation to and from local appointments are provided for the veterans.

Clinton Veterans Home Admissions Office is available by mail, phone, or email for admission information. Online applications for admission are available through oklahoma.gov/veterans.





Thy Kingdom Come



When Jesus spoke about the kingdom of God, most of his followers were certain it referred to an earthly empire that He would establish. That was their only reference point. That was the only kingdom that they knew anything about. They were tired of being ruled by Rome and its rigid law. They were convinced that in and through Christ the might of Rome

would be shattered and they would be free again. That is why they were so confused and broken when he was crucified. But Jesus was talking about another kind of kingdom. When Jesus used the phrase "Thy Kingdom Come" in the Lord's prayer he was asking the Father to establish His Kingship, His Lordship in the hearts and lives of man. This is true for us as humans today. It is to invite God to set up His government, his sovereignty in our lives. It is a simple statement to make, and we do it so glibly, often without thinking of what we are asking. But if I'm honest I have to admit that if I seriously ask God to establish his rule in my life there will be a major confrontation on several levels. There is a conflict between my ego and His sovereignty. My inclinations are often to be on the side of selfish pleasure rather than self-denial. The pressure I get from the culture is to fulfill myself, be my own man. Death to self doesn't sell very well in today's market.

When Jesus made this simple statement, "Thy Kingdom come"...he pictured the very Spirit of the living God coming into the human heart to live there in control. He saw the human being as a temple or residence of the most-high God. This relationship is a privileged position. The King of Kings and Lord of Lords is living in our very being. I Peter 2:9 calls us a chosen people, a holy priesthood, a holy nation.

When a person becomes aware of this awesome fact it can revolutionize our whole life. It can change our entire outlook, our attitudes and redirect all our activities. In fact, the difference between a defeated Christian and a victorious, vibrant one is in direct proportion to the degree that Christ is in control of our lives. When you recognize God's royal presence it becomes a delight to do His will. It is an honor to become His subject. If indeed the Kingdom of God is within me.

I will make sure nothing will enter there that would offend or harm the Spirit of the living God. What I eat and what I drink is of concern to me. What I take into my mind and emotions needs to be monitored. The material I read and the T.V. I watch can cause me to lose my focus and direction. The conversation I listen to and the music that comes into my mind through my senses can clutter up the dwelling place of the most High God.

I will see to it that no attitudes, suggestions or human philosophies contrary to the teachings of Christ will infiltrate my life. It is no use to pray "Thy Kingdom Come" unless we fully intend to cooperate with the establishment of the rule of God in our lives.

What can be expected when the King is in residence? Roms. 14:1 "The Kingdom of God is not meat and drink, but righteousness, peace and joy in the Holy Spirit." The government of God in my life establishes an inner state in which righteousness, peace, and joy in a spiritual dimension dominates my life.



Saint Ann Assisted Living Provides Upscale Amenities at Affordable Prices

Chad Gray WW Staff

been the Mission and Community Relations Director at Saint Ann for 16 years. Visiting with him is a fascinating jaunt down Memory Lane. Amend's mother, Zelma, was one of the first people to move to Saint Ann when it opened its doors in January of 2002. Amend says it was a joyous day with lots of excitement and hustle and bustle. That special spirit of welcome and enthusiasm is even stronger today. People are often awed by the atmosphere and loving culture. The incredible friendliness and hospitality of staff and residents is felt throughout the community.

Richard Amend has

Formally known as Saint Ann Retirement Center, the not-for-profit assisted and independent living community is owned and operated by the Archdiocese of Oklahoma City. A nursing home by the same name is conveniently located next door and is owned by a different entity.

Saint Ann offers 50 assisted and 120 independent living apartments of various sizes. Rent is charged on a monthly basis and there is no longterm commitment or expensive buy-in fee. "Once someone settles in, they don't want to leave their new friends and amenities." "There is no need to try and have move-out restrictions of any kind," said Amend.

Great meals and restaurant-style dining are included in the reasonably priced monthly rates. In fact, the all-inclusive community provides most everything except personal telephones. Housekeeping, laundry, cable TV, Wi-Fi, 24-hour concierge, and scheduled transportation to shopping and doctor's appointments are also provided.

Although the campus is a ministry of the Catholic Church, people of different faiths and backgrounds enjoy living at Saint Ann. It's beautiful St. Joachim Chapel is open 24/7 for quiet meditation and daily Mass. An all-denominational service is also popular. Another unique highlight of Saint Ann is the attached convent for the Carmelite Sisters of St. Therese. The nuns continue to wear their habits and are active residents.

The assisted living lifestyle at Saint Ann is fun and supportive. The assisted living administrator, LaTrona Fulbright, recently celebrated her 19-year

work anniversary. Cynthia, the RN, and the assisted living team provide personalized care and services including: medication administration and ordering, bathing and dressing assistance, cognitive reminders, escort to meals and activities, incontinence care, stand-by assistance, transfer assistance, and more.

A special feature in assisted living are three fully furnished apartments for respite short-term stays. These cozy suites are perfect for anyone who needs a little time to recover from illness or accident, has a caregiver at home that needs a break, or who simply wants to try out the assisted living experience.

The Life Enrichment team includes one of the nuns. They orchestrate a very active and diverse menu of things to do. Events range from singers, dancers, volleyball, and comedy to painting classes, Bible study, games, speakers, and outings.

Move-in specials are typically available. Saint Ann Retirement Center is located at 7501 W. Britton Road in northwest Oklahoma City. For more information, call Lisa at (405) 721-0747, extension #322, or visit SaintAnnRetirementCenter.com



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